

U levels parent meeting Jan 2014-Agenda

- Program and Head-coach Update
- Mission and Vision
- Financials
- Equipment
- Point system and participation to provincials
- Volunteers for races
- Awards
- Social events
- Question from parents



Head Coach Update

- Strategic plan
- Program updates
 - Calendar
 - Training update: Weekend, Tuesday, Friday
- Coach expectations
 - Training
 - Races
 - General



Evaluations

- Coaches have evaluated athletes after Christmas camp
- Coaches will perform 2nd evaluation end of season

 The coach evaluations are based on the new snow stars program, available at: www.snowstars.ca.



Mission and Vision

- Vision
- The Edelweiss ski race team is recognized as the place of choice for young athletes of all caliber.
- Mission
- To provide the best learning environment to develop fast and efficient racing techniques.
- Core values:
- The Edelweiss ski race team will treat the athletes with: Respect, Discipline, Independence,
 Friendship, Bilingualism



Financials

- 2014 Cash In: \$50,979
- 2014 Cash Out: \$51,120
- Balance: \$141.17
- Closing Balance 2014 Forecast: \$6,200
- Expenses: Training & Race Equipment: \$



Sponsorship

- The Edelweiss race team is seeking sponsors
- A letter is available (website)
- We ask each family to initiate discussion with at least one potential sponsor

On wish list: wireless timing equipment, brushes, one additional camera video, sport psychology for coaches



Equipment

- Cristian Marcov: equipment manager
- Redesign of "equipment room" i.e. back of coach room

LOOKING FOR VOLUNTEERS Re-assembly of gates, etc.





Point system- all levels

 2014: Apply the 500 points scoring system to all age groups





Grille de 500 points :

Position	Points
1	500
2	400
3	300
4	250
5	225
6	200
7	180
8	160
9	145
10	130
11	120
12	110
13	100
14	90
15	80
16	75
17	70
18	65
19	60
20	55

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Position	Points
21	51
22	47
23	44
24	41
25	38
26	36
27	34
28	32
29	31
30	30
31	29
32	28
33	27
34	26
35	25
36	24
37	23
38	22
39	21
40	20

Position	Points
41	19
42	18
43	17
44	16
45	15
46	14
47	13
48	12
49	11
50	10
51	9
52	8
53	7
54	6
55	5
56	4
57	3
58	2
59	1
60 +	1



Resources

OSZ Website

- Race notices
- Points & Standings
- Parent's Handbook
- http://www.skioutaouais.qc.ca/

SQA website

- ski racing rules
- Audi draw rules and winner
- http://www.skiquebec.qc.ca



U12 selection

- U12 to race 25mm full gates
- Selection of 14 athletes: combined series points using the best 50% of the runs held in each discipline
- Best 3 of 6 SL/Kombi runs
- Best 3 of 6 GS runs

 Remaining 3 athletes: at the discretion of the selection committee.



U14 selection

Quota for 2014: 18 athletes for outaouais

- For the 2014 season:
- Best 2 of 4 GS runs
- Best 3 of 6 SL/Kombi/PSL runs
- Athletes must have attended:
- Outaouais Zone U14 speed camp (at least 2 out of the 3 days)



U16 selection

Quota for 2014: 18 athletes for outaouais

- For the 2013 season:
- Best 3 of 6 GS runs
- Best 4 of 8 SL runs
- Best 1 of 2 SG runs
- Points for the best 50% of the regional race results before the selection date.



Next steps

 Top 30 girls and boys from the U14 and U16 provincials move on to the CAN-AM finals.

 Top <u>second year U14 athletes</u> are chosen for the Camp Releve, hosted by SQA for 3 days in mid-January.



Parent involvement

Volunteer:

- All families should complete level 1 training
- All families: encouraged to complete level 2
- All families should contribute to 4 racing activities

REQUIRED: VOLUNTEERS FOR RACES

Date	Description
Sat 15 Feb 2014	U12 GS
Sun 16 Feb 2014	U14 Kombi/PSL
Sat 22 Feb 2014	U12 Kombi
Sun 23 Feb 2014	NG GS
Sun 16 Mar 2014	U14 SL



Masters Races

Date	Description
Wed 15 Jan 2014	GS
Wed 5 Feb 2014	GS
Wed 12 Mar 2014	GS

REQUIRED: VOLUNTEERS FOR RACES Timing, Starter





Parent Expectations

- Edelweiss ID card with health card info in athlete jacket pocket
- Guardian (if other than parent) identify themselves to coach each training or race day
- If athlete is leaving training or race early notify coach



Racing reimbursement

- Policy updated to address feedback rec'd
- No reimbursement for race fees in the event a racer did not attend a race due to personal reasons (i.e. sick, on holidays, unable to get to race, etc.).
- Parents to request credit for races missed
 - Single consolidated request per family
 - Submitted to Treasurer by 31 March 2014
 - Provide race start list for any race missed
 - Credit applied to next year's club racing fees



Athlete of the month awards

- Six levels (NG Saturday, NG Sunday, U10, U12, U14, U16)
- Given Jan 19 and 25, mid Feb, mid March.
- Award based on enthusiasm, determination, one theme TBD.
- Coaches: to select awardees
- Published on a board in the main lodge (with picture of the athlete and his/her coach) and on a board in the race lodge



Ted Puttick memorial award

Given annually, during year end Edelweiss banquet

 To the athlete who represents spirit and determination of a ski racer





Social events

- Jan 11- Tubing and first Potluck
- March 22: fun race kids Vs parents and annual BBQ
- End of March: Edelweiss banquet
- Year end <u>picture</u> book

- Mid April: Outaouais ski zone banquet and awards
- Need 3-4 volunteers to shadow Cascades



Edelweiss – Team Benefits

- Kunstadt Race Team 15% Discount
 - Regular prices Skis, Equipment, Clothing
- T&L One-time 10% discount card
- Racer Nights savings (Fall) at Kunstadt and T&L stores- check your emails and/or website
- Sports Experts Orleans discounts



More volunteers required!

Presentation on Nutrition for the athlete

Design and printing of Mikaela Tommy's banner



QUESTIONS???



